

## Your Guide to the SunBox® SunLight Jr.®

You have just made the important decision to buy your own SunBox® SunLight Jr.® light box. With this purchase, you join thousands of other individuals and hundreds of facilities worldwide who have chosen to use SunBox® products. Thank you for choosing The SunBox Company as your bright light source. We truly value your business.

SunBoxes are the most advanced and the highest quality bright light boxes on the market and are backed by a **Five (5) year** warranty—the longest in the industry. Founded in 1985, The SunBox® Company is the original manufacturer of high-intensity light boxes. We constantly strive for excellence and are proud of our products and service.

The SunLight Jr.® is the most compact and portable model in our line of bright light units.

### **IMPORTANT NOTES:**

- *In the event that your unit is damaged or broken upon delivery immediately report the problem to us by calling 800-548-3968 (toll-free) 240-651-3286 so that the problem can be resolved in a timely fashion.*
- *Occasionally, fluorescent lamps may break or become loose in shipping. If, upon receipt, the fixture does not light, see the instructions for replacing the bulb to open the unit and confirm if the bulb is broken/needs to be reinstalled. If your bulb is broken please contact us so we can send you a replacement.*
- *Please save all packing materials for reuse, should you need to return your unit to us. The SunBox Company cannot be responsible for damage due to insufficient packing.*
- *To prevent electric shock, do not use this light in any extension cord or other outlet unless all three prongs of the plug can be inserted fully. Never remove the third (grounding) prong of this unit's plug. If you need to convert our 3-prong plug for a 2-prong outlet, make sure you properly ground the adapter to the wall plate. Otherwise, the light fixture might flicker while either on or off.*

## General Guides for Use

Most people use their SunBox light boxes as sources of bright light during the fall and winter months. Some people use them on overcast days at any time of year, or when their schedules or surroundings do not allow much exposure to natural sunlight. People working night shifts also use SunBoxes. Most people use light in the morning. If you use light too late in the day, it may disturb sleep.

To use your SunLight Jr.®, the unit should be in front of you so that the light shines onto your face and your eyes should be open. Your unit will reach full brightness within a few minutes of being turned on. It is not necessary to look directly into the light; most people read, eat, work on computers or watch TV while using their SunBox. Eyeglasses or contacts may be worn, but heavily tinted glasses will reduce the amount of light received.

Average use at the 10,000 lux distance is roughly 20-30 minutes per day. At 5,000 lux, that would be the equivalent of 40 minutes to 1 hour. At 2,500 lux, the light might be used for two to three hours. Actual time for a particular individual will vary. It usually takes some experimentation to find a routine that is right for you.

<b>To receive:</b>	<b>10,000 lux</b> your eyes must be	<b>14"</b> from the unit.
	<b>5,000 lux</b>	<b>19"</b>
	<b>2,500 lux</b>	<b>29"</b>

## Our Commitment to You

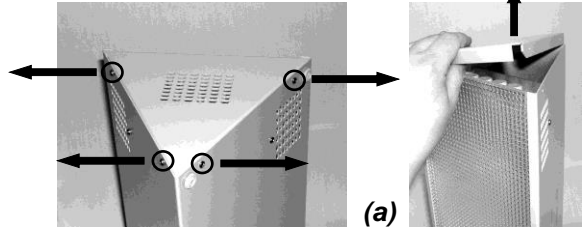
The SunBox® Company will provide you with valuable customer service, which continues well beyond your actual SunBox purchase. Your SunBox® SunLight Jr.® comes with a five (5) year warranty, with a one-year guarantee on the bulb. Should a covered repair be necessary during this warranty period, be assured that your unit (or a replacement, if repair is not possible) will be shipped back to you within 48 hours of receipt of the damaged unit.

You can order replacement bulb online 24 hours a day from our website—[www.sunbox.com](http://www.sunbox.com). Whenever you need to reach us, simply call us toll-free 800-548-3968 or 240-651-3286 (local number). We will return your call within 24-48 hours. Thank you for choosing The SunBox Company!

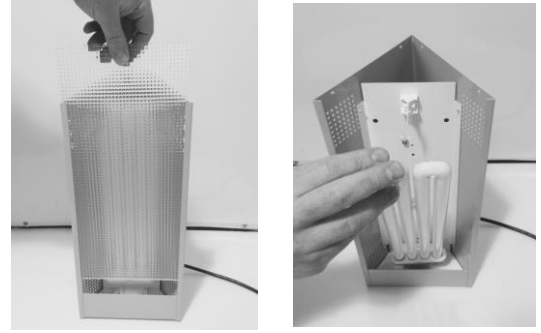
**The SunBox® Company • Frederick, MD 21701**  
**Phone 240-651-3286 • Fax: 301-977-2281**  
**Email: [orders@sunbox.com](mailto:orders@sunbox.com) • Website: [www.sunbox.com](http://www.sunbox.com)**

# SunBox SunLight Jr.® Bulb Replacement

1. Place the SunLight Jr.® vertically on a table or desk, so that the cord is near the bottom and the unit is resting on a triangular end. Using a #1 Phillips head screwdriver, first remove the 4 screws that hold the vented (top) triangular end piece in place, then remove the end piece **(a)**.



2. Slide the plastic diffuser out **(b)**. (remove zip tie – only used for shipping)



3. Slowly pull the end of the old fluorescent tube furthest from the socket outward to about a 20° angle **(c)**. If the bulb is broken, be very careful not to cut yourself.

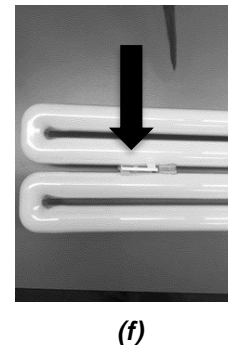
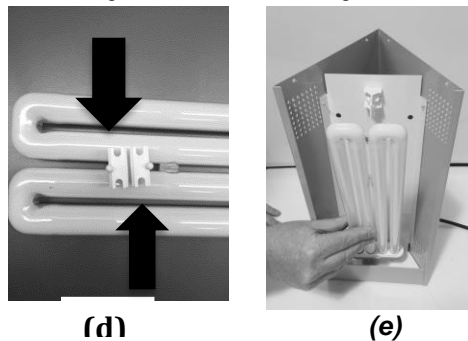
4. Lift the old fluorescent tube out of the unit and carefully dispose of it. If it has been broken, carefully clean the interior of the unit to remove any glass fragments that may have come loose.

5. To replace the bulb clip; pull out the old bulb clip and discard. Take the new bulb clip and insert the bottom **(d)** into the 2 holes against the unit.

6. Insert the new bulb into its socket, on an angle (about 20°) **(e)**, then gently push the bulb backward until it rests against the back of the unit with the clip securing it into place **(g)**.

7. Slide the diffuser back into place, with the rough textured surface facing outward.

8. Replace the top end piece and the 4 screws you removed in step 1.



## REMINDER TO REPLACE YOUR BULBS

Because bulbs lose intensity with use and continued use of old fluorescent bulbs can damage the ballast, we recommend that you change your bulb frequently. Do not wait until your bulbs burn out to replace them! \*To maintain the warranty, you must **replace the bulbs every three (3) years**. Failure to do so will void the warranty regardless of use. You can place an order online 24 hours a day from our website: [www.sunbox.com](http://www.sunbox.com)

If, for any reason, you encounter problems with your light box, contact us at 800-548-3968 or 240-651-3286

**Limited Warranty/Guarantee:** The SunBox® Company, Inc. (us, we, our) warrants to the original purchaser (you, your) that the SunBox® SunLight Jr.® (light unit, unit) is to be free from defects in material and workmanship under **\*normal use and service** for five (5) years. Our entire liability and your exclusive remedy as to the unit(s) shall be repair or replacement of the unit, at our option, when returned to us with a copy of the receipt. You shall be responsible for the cost of returning the unit to us with a copy of the receipt and \$25 return shipping. If failure of the unit has resulted from accident, abuse, or misapplication, we shall have no responsibility to replace or repair the unit. Fluorescent tubes are guaranteed for one year against failure. (Shipping cost subject to change)

The above are the only warranties of any kind, either express or implied, including but not limited to the implied warranties of merchantability and fitness for a particular purpose, that are made by The SunBox® Company on this product. No oral or written information or advice given by The SunBox® Company, its dealers, distributors, agents, or employees shall create a warranty or in any way increase the scope of this warranty. This warranty gives you specific legal rights. You may have other rights, which vary from state to state.

Specifications: 120V AC 50/60Hz .53 amps 55 watts

Dimensions: 14.5" H x 7" L x 6" D Weight: 3.5 lbs.

Replace bulb with FML55/5000K

**Made in the USA**