

## Your Guide to the SunBox® Sunny Day™ LED Desk Lamp

You have just made the important decision to buy your own SunBox® Sunny Day™ LED desk lamp light box. With this purchase, you join thousands of other individuals and hundreds of facilities worldwide who have chosen to use SunBox® products. Thank you for choosing The SunBox Company as your bright light source. We truly value your business.

SunBoxes are the most advanced and the highest quality bright light boxes on the market and are backed by a **Five (5) year** warranty—the longest in the industry. Founded in 1985, The SunBox® Company is the original manufacturer of high-intensity light boxes. We constantly strive for excellence and are proud of our products and service.

The Sunny Day™ LED desk lamp is the most compact and portable model in our line of bright light units.

### **IMPORTANT NOTES:**

- *In the event that your unit is damaged or broken upon delivery immediately report the problem to us by calling 800-548-3968 (toll-free) or 240-651-3286 so that the problem can be resolved in a timely fashion.*
- *Please save all packing materials for reuse, should you need to return your unit to us. The SunBox Company cannot be responsible for damage due to insufficient packing.*
- *To prevent electric shock, do not use this light in any extension cord or other outlet unless both prongs of the plug can be inserted fully.*

## General Guides for Use

Most people use their SunBox light box as a source of bright light during the fall and winter months. Some find using their light box on overcast days at any time of the year, or when their schedules or surroundings do not allow much exposure to natural sunlight. People working night shifts also use SunBoxes. It is best to use your light box within two hours of waking up. If you use your light too late in the day, it may disturb sleep.

To use your Sunny Day™ LED desk lamp, the unit should be in front of your so the light shines onto your face and both eyes should be open. Your unit will reach full brightness within a few minutes of being turned on. It is not necessary to look directly into the light; most people read, eat, work on computers or watch TV while using their SunBox. Eye glasses or contacts may be work, but heavily tinted glasses will reduce the amount of light received.

Average use at the 10,000 lux distance is roughly 20-30 minutes per day at 11.5 inches away from the light of the unit. At 16 inches away from the face of the unit, that would be equivalent of 40 minutes to 1 hour. At 23 inches, the light might be used for 2-3 hours. Actual time for a particular individual will vary. It usually takes some experimentation to find a routine that is right for you.

## Our Commitment to You

The SunBox® Company will provide you with valuable customer service, which continues well beyond your actual SunBox purchase. Your SunBox® Sunny Day™ LED desk lamp comes with a Five (5) year warranty. Should a covered repair be necessary during this warranty period, be assured that your unit (or a replacement, if repair is not possible) will be shipped back to you within 48 hours of receipt of the damaged unit.

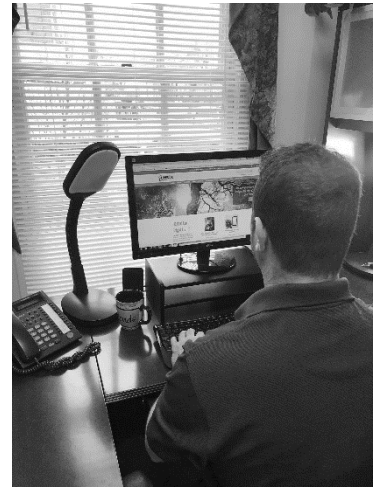
You can place an order online 24 hours a day from our website—[www.sunbox.com](http://www.sunbox.com). Whenever you need to reach us, simply call us toll-free 800-548-3968 or 240-651-3286 (local number). We will return your call within 24 hours. Thank you for choosing The SunBox Company!

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# Your Guide to the SunBox® Sunny Day LED Desk Lamp

The Sunny Day™ LED Desk Lamp 10,000 lux light box provides a glare-free light which you can stand vertically or lay horizontally, whichever works best in your morning routine. Simply sit in front of your light box within two hours of waking up. How long you need to sit in front of your unit depends on how far away you want to sit. Please see *General Guides for Use* for more information. You do not have to stare directly at the light but the light does need to shine into both eyes for maximum effectiveness. Eating breakfast, enjoying quite time, reading, writing, or using your smartphone/tablet is suggested while you are using your light box.

Manufactured in the USA, it comes with a Five (5) year warranty on the light unit. The light box is energy efficient since it only uses 30 watts to the full spectrum 5000K, 10,000 lux LEDs; which also will not overload the LEDs. The Optix® Eye Comfort Diffuser blocks UV but does not flitter the quality of light and will not turn yellow over time. No heat and no bulb flutter with these advanced electronics.



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If, for any reason, you encounter problems with your light box, contact us at 800-548-3968 or 240-651-3286.

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**Limited Warranty/Guarantee:** The SunBox® Company, Inc. (us, we, our) warrants to the original purchaser (you, your) that the SunBox® Sunny Day™ LED Desk Lamp (light unit, unit) is to be free from defects in material and workmanship under normal use and service for 5 years. Our entire liability and your exclusive remedy as to the unit(s) shall be repair or replacement of the unit, at our option, when returned to us with a copy of the receipt. You shall be responsible for the cost of returning the unit to us with a copy of the receipt and we will return the unit to you at our cost. If failure of the unit has resulted from accident, abuse, or misapplication, we shall have no responsibility to replace or repair the unit.

The above are the only warranties of any kind, either express or implied, including but not limited to the implied warranties of merchantability and fitness for a particular purpose, that are made by The SunBox® Company on this product. No oral or written information or advice given by The SunBox® Company, its dealers, distributors, agents, or employees shall create a warranty or in any way increase the scope of this warranty. This warranty gives you specific legal rights. You may have other rights, which vary from state to state.

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Specifications: Input: 120-277VAC 0.42A 50/60Hz  
Output: +42VDC 0.7A

Dimensions: 26" H (maximum) x 9.5" x 7" (base) x 10" x 5.75" (head)  
Weight: 4.5 lbs

**Assembled in USA**