

## Your Guide to the SunBox SunSation™

Congratulations on buying your very own Sunbox SunSation light box! With this purchase, you join thousands of other individuals and hundreds of facilities worldwide who have chosen to use SunBox products. Thank you for choosing The SunBox Company as your bright light source. We truly value your business.

SunBoxes are the most advanced and the highest quality bright light boxes on the market and are backed by a lifetime warranty--the longest in the industry. Founded in 1985, The SunBox Company is the original manufacturer of high-intensity light boxes. We constantly strive for excellence and are proud of our products and service.

The SunSation is our latest effort in compact, portable adaptability--bright light made easy!

### IMPORTANT NOTES:

- *Please save all packing materials for reuse should you need to return your unit to us. The SunBox Company cannot be responsible for damage due to insufficient packing.*
- *Occasionally, fluorescent lamps may break or become loose in shipping. If, upon receipt, the fixture does not light, see the instructions for replacing the bulb.*
- *In the event that your unit is damaged or broken upon delivery, and you purchased the unit directly from our company, immediately report the problem to us by calling (800) 548-3968 (toll-free) or (301)869-5980 so that the problem can be resolved in a timely fashion. If you purchased the unit from one of our dealers, please report the problem to the dealer.*
- *To prevent electric shock, do not use this light in any extension cord or other outlet unless all three blades of the plug can be inserted fully. Never remove the third (grounding) blade of this unit's plug. If you need to convert our 3-prong plug for a 2-prong outlet, make sure you properly ground the adapter to the wall plate. Otherwise, the light fixture might flicker while either on or off.*

## General Guidelines for Use

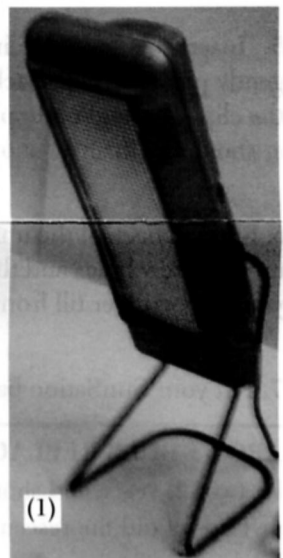
Most people use their SunBox light boxes as sources of bright light during the fall and winter months. Some people use them on overcast days at any time of year, or when their schedules or surroundings do not allow much exposure to natural sunlight. SunBoxes are also used by people working night shifts. Most people use light in the morning. If you use light too late in the day, it may disturb sleep.

**To use your SunSation you will need to insert the wire stand into the bottom of the light fixture** (the side below the SunSation label)--there are two holes there that the top of the stand must be fit into. The stand should be inserted so that the white line on the wire is flush with the bottom of the unit and the unit securely sits on the stand (it should not flop forward or backward on the stand). The light should be placed on the stand so that the light shines down on the user: for the most comfortable use. See Figure 1 for the proper angle.

For your light session the light should be in front of you so that the light shines onto your face and your eyes should be open. Your unit will reach full brightness within a few minutes of being turned on. It is not necessary to look directly into the light; most people read, eat, work on computers or watch TV while using their SunBox. Eyeglasses or contact lenses may be worn, but heavily tinted sunglasses will reduce the amount of light received.

Average use at the 10,000 lux distance is roughly 20-30 minutes per day. At 5,000 lux, that would be the equivalent of 40 minutes to 1 hour. At 2,500 lux, the light might be used for two to three hours. Actual time for a particular individual will vary. It usually takes some experimentation to find a routine that is right for you.

To receive:	<b>10,000 lux</b>	your eyes must be	<b>14"</b>	from the unit.
	<b>5,000 lux</b>		<b>19"</b>	
	<b>2,500 lux</b>		<b>29"</b>	



## Our Commitment to You

The SunBox Company will provide you with valuable customer service, which continues well beyond your actual SunBox purchase. Your Sunbox SunSation comes with a lifetime warranty, with a two-year guarantee on the bulb. Should a covered repair be necessary during this warranty period, be assured that your unit (or a replacement, if repair is not possible) will be shipped back to you within 24 hours of our receipt of the damaged unit.

When you need to replace the bulb in your SunBox, simply call us to conveniently have a new bulb shipped to you at a discounted price of 20% off the suggested retail price. We also carry a wide variety of lighting products to serve many of your lighting needs. Please contact us for information about our other lighting products.

You can place an order online 24 hours a day from our website--[www.sunbox.com](http://www.sunbox.com). We are reachable by phone, e-mail, or in person at our Gaithersburg location (see below for contact information). If you reach our answering service please know any phone messages you leave will be returned promptly--the same day or the next business day.

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