

## Your Guide to the SunBox DL® Desk Lamp

You have just made the important decision to buy your own SunBox DL® desk lamp. With this purchase, you join thousands of other individuals and hundreds of facilities worldwide who have chosen to use SunBox® products. Thank you for choosing The SunBox Company as your bright light source. We truly value your business.

SunBoxes are the most advanced and the highest quality bright light boxes on the market and are backed by a lifetime warranty—the longest in the industry. Founded in 1985, The SunBox® Company is the original manufacturer of high-intensity light boxes. We constantly strive for excellence and are proud of our products and service.

The SunBox DL® is one of our most compact models, and it is styled to be unobtrusive in an office setting. Its design allows it to be used as both a bright light source and as a task light.

### IMPORTANT NOTES:

- *In the event that your unit is damaged or broken upon delivery, immediately report the problem to us by calling 800-548-3968 (toll-free) or 301-869-5980 so that the problem can be resolved in a timely fashion.*
- *Occasionally, fluorescent lamps may break or become loose in shipping. If, upon receipt, the fixture does not light, see the instructions for replacing the bulb to open the unit and confirm if the bulb is intact. If your bulb is broken please contact us so we can send you a replacement.*
- *Please save all packing materials for reuse, should you need to return your unit to us. The SunBox Company cannot be responsible for damage due to insufficient packing.*
- *To prevent electric shock, do not use this light in any extension cord or other outlet unless all three prongs of the plug can be inserted fully. Never remove the third (grounding) prong of this unit's plug. If you need to convert our 3-prong plug for a 2-prong outlet, make sure you properly ground the adapter to the wall plate. Otherwise, the light fixture might flicker while either on or off.*

## General Guidelines for Use

Most people use their SunBox light boxes as sources of bright light during the fall and winter months. Some people use them on overcast days at any time of year, or when their schedules or surroundings do not allow much exposure to natural sunlight. People working night shifts also use SunBoxes. Most people use light in the morning. If you use light too late in the day, it may disturb sleep.

To use a SunBox DL® as a bright light source, the light should be in front of you, angled so that the light shines onto your face, and your eyes should be open. It is not necessary to look directly into the light; most people read, eat, work on computers or watch TV while using their SunBox. Eyeglasses or contact lenses may be worn, but heavily tinted glasses will reduce the amount of light received.

Average use at the 10,000 lux distance is roughly 20-30 minutes per day. At 5,000 lux, that would be the equivalent of 40 minutes to 1 hour. At 2,500 lux, the light might be used for two to three hours. Actual time for a particular individual will vary. It usually takes some experimentation to find a routine that is right for you.

<b>To receive:</b>	<b>10,000 lux</b> your eyes must be	<b>14"</b> from the unit.
	<b>5,000 lux</b>	<b>19"</b>
	<b>2,500 lux</b>	<b>29"</b>

## Our Commitment to You

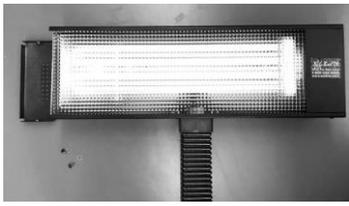
The SunBox® Company will provide you with valuable customer service, which continues well beyond your actual SunBox purchase. Your SunBox DL® comes with a lifetime warranty, with a two-year guarantee on the bulb. Should a covered repair be necessary during this warranty period, be assured that your unit (or a replacement, if repair is not possible) will be shipped back to you within 48 hours of receipt of the damaged unit.

When you need to replace the bulb in your SunBox®, simply call us to conveniently have a new bulb shipped to you at a discounted price of 20% off the suggested retail price. We also carry a wide variety of lighting products to serve many of your lighting needs. Please contact us for information about our other lighting products.

You can place an order online 24 hours a day from our website—[www.sunbox.com](http://www.sunbox.com). Whenever you need to reach us, simply call us toll-free 800-548-3968 or 301-869-5980 (local number). We will return your call within 24 hours. Thank you for choosing The SunBox Company!

**The SunBox® Company • 201 Broadway St.; Ste. B, Frederick, MD 21701**  
**Toll-free Phone: 800-548-3968 • Local Phone 301-869-5980 • Fax: 301-977-2281**  
**Email: [info@sunbox.com](mailto:info@sunbox.com) • Website: [www.sunbox.com](http://www.sunbox.com)**

# SunBox DL® Bulb Replacement



A



B



C



D

1. Using a #1 Phillips head screwdriver, remove the 2 screws that hold the left side panel onto the light head **(a)**.
2. Remove the left side panel **(a)** and slide the clear plastic diffuser out.
3. With the light head face-up on a table or desk, carefully cut the plastic tie that goes across the bulb with scissors **(b)**. While holding it firmly in place, slowly raise the end of the fluorescent tube furthest from the socket upward to about a 20° angle **(d)**. If the bulb is broken, be very careful not to cut yourself.
4. Lift the old fluorescent tube out of the unit and carefully dispose of it. If it has been broken, carefully clean the interior of the unit to remove any glass fragments that may have come loose.
5. Insert the new bulb into its socket, on an angle (about 20°) **(d)**, then gently lower the bulb until it rests against the bottom, with the clip securing it into place. You should not have to force the bulb down – if you do, it is not properly positioned in the base. Remove the bulb and reinsert it, being careful to align the pins with the holes in the base.
6. Slide the diffuser back into place, with the rough textured surface facing outward.
7. Place the left side panel (which you removed in Step 2) back into place.
8. Replace the screws you removed in Step 1.

## ABOUT BULB REPLACEMENT

The fluorescent bulb in your SunBox DL® is guaranteed against failure with normal use for two (2) years, and should still be functional for much longer. However, since bulbs lose intensity with use, and continued use of old fluorescent bulbs can damage the ballast, we recommend that you change your bulb frequently. Depending on how heavily you use your unit, you should replace your bulb every 2 to 4 years. As the bulb loses intensity, the lux figures we give in this manual will decrease. To compensate as your bulb loses intensity, you can sit nearer to your unit to get those same levels of light intensity, or you can extend the length of your bright light session. If you are using your SunBox DL® solely as a desk lamp, the intensity of the light is not likely to be as important to you. After several (3-4) years, you will still want to replace the bulb both due to the dimness of the old bulb, and to avoid damage to your ballast.

**VERY IMPORTANT NOTE!** When adjusting the lamp's angle, never hold it at the base! Always hold the unit firmly, using both hands, at the middle-top of the lighted head and halfway down the gooseneck. Use gentle pressure to adjust the angle. Note that only the top half of the gooseneck is bendable.

***Failure to follow these precautions may result in irreparable damage that is not covered by the warranty.***

If, for any reason, you encounter problems with your light box, contact us at 800-548-3968 or 301-869-5980.

**Limited Warranty/Guarantee:** The SunBox® Company, Inc. (us, we, our) warrants to the original purchaser (you, your) that the SunBox DL® (light unit, unit) is to be free from defects in material and workmanship under normal use and service for the life of the product. Our entire liability and your exclusive remedy as to the unit(s) shall be repair or replacement of the unit, at our option, when returned to us with a copy of the receipt. You shall be responsible for the cost of returning the unit to us with a copy of the receipt and we will return the unit to you at our cost. If failure of the unit has resulted from accident, abuse, or misapplication, we shall have no responsibility to replace or repair the unit. Any replacement unit will be warranted for the remainder of the original warranty period. Fluorescent tubes are guaranteed for two years against failure.

The above are the only warranties of any kind, either express or implied, including but not limited to the implied warranties of merchantability and fitness for a particular purpose, that are made by The SunBox® Company on this product. No oral or written information or advice given by The SunBox® Company, its dealers, distributors, agents, or employees shall create a warranty or in any way increase the scope of this warranty. This warranty gives you specific legal rights. You may have other rights, which vary from state to state.

Specifications: 110V AC 60Hz .53 amps 55 watts  
Dimensions: 15" L x 21" H x 9" D Weight: 6.5 lbs  
Replace bulb with FML55

**Made in USA**  
UL/CUL Listed