

## YOUR GUIDE TO THE SUNBOX® SUNLIGHT JR.™

You have just made the important decision to purchase your own SunLight Jr.™ light box. With this purchase, you join thousands of other individuals and hundreds of facilities worldwide who have chosen to use SunBox® products. Thank you for choosing The SunBox Company as your bright light source. We truly value your business.

SunBoxes are the most advanced and the highest quality bright light boxes on the market today and are backed by a 7-year warranty—the longest in the industry. Founded in 1985, The SunBox Company is the original manufacturer of high-intensity light boxes. We constantly strive for excellence and are proud of our products and service.

The SunLight Jr. is the most compact and portable model in our line of bright light units. We designed the SunLight Jr. as a 5,000 lux unit. However, many of our customers report using it at the 10,000 lux distance with satisfactory results.

### IMPORTANT NOTES:

- Please save all packing materials for possible reuse. In the event that you have to return your unit to us, The SunBox Company can not be responsible for damage due to insufficient packing.
- Occasionally, fluorescent lamps may break or become loose in shipping. If the fixture does not light, see the instructions for replacing bulbs.
- In the event that your unit is damaged or broken upon delivery, immediately report the problem by calling 1-800-LITE YOU or 301-869-5980 so the problem can be resolved. This should be done within 5 days after you receive the unit.
- Please take time to fill out and return the enclosed warranty card. It is important for the purpose of registering your warranty and also to collect important data to help us improve our products and services.
- To prevent electric shock, do not use this light box in any extension cord or other outlet unless all three blades of the plug can be inserted fully. Never remove the third (ground) blade of this or any other electrical equipment.

## GENERAL GUIDELINES FOR USE

Most people use their SunBox light boxes as sources of bright light during the fall and winter months. Some people use them on overcast days at any time of year, or when their schedule or surroundings do not allow much exposure to natural sunlight. SunBoxes are also used by people working night shifts. Most people use light in the morning. If you use light too late in the day, it may disturb sleep.

To use a SunBox, the light should be in front of you, and your eyes should be open. It is not necessary to look directly into the light; most people read, eat, or watch T.V. while using their SunBox. Eyeglasses or contact lenses may be worn, but heavily tinted sunglasses will reduce the amount of light received.

Average use at the 10,000 lux distance is roughly 15-30 minutes per day. At 5,000 lux, that would be the equivalent of 40 minutes to 1 hour. At 2,500 lux, the light might be used for two to three hours. Actual time for a particular individual will vary. It usually takes some experimentation to find a routine that is right for you.

To receive: **10,000 lux** your eyes must be: **14"** from the unit.  
**5,000 lux** **21"**  
**2,500 lux** **31"**

Distances are measured horizontally from your eyes to the center of the lighted surface of the unit. Lux measurements made using Extech LuxMeter model 407026.

## OUR COMMITMENT TO YOU

The SunBox Company will provide you with valuable customer service, which continues well beyond your actual SunLight Jr. purchase. Your SunLight Jr. comes with a seven-year warranty, with a two-year guarantee on bulbs. Should a repair be necessary during this warranty period, be assured that your unit (or a replacement, if repair is not possible) will be on its way back to you within 24 hours of our receipt of the damaged unit.

When you need to replace the bulbs in your light box, simply call us to conveniently have new bulbs shipped to you at a 20% discount. In addition, we carry a wide variety of lighting products to serve many of your lighting needs. Please contact us for information about our other lighting products.

Our phones are always open. Our round-the-clock, toll-free message center provides you with the convenience of calling us anytime, day or night. If we're not open, you may leave a message—with an actual person, not a machine. Whenever you need to reach us, simply call us at 1-800-548-3968 (toll-free) or 301-869-5980 (local number in suburban MD).

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